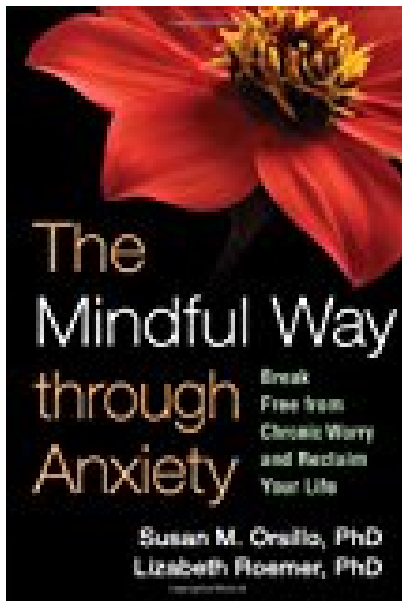


The Mindful Way through Anxiety Break Free from Chronic Worry and Reclaim Your Life



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